

Developmental Disabilities Administration

Navigating Government Services

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Agenda

❖ Eligibility

- DDA eligibility
- Waiver eligibility

❖ Why were the Waivers created

❖ What are the 5 DDA Waivers

❖ Waiver services overview

What is a developmental disability?

The disability must:

- Originate before the individual turns eighteen
- Continue or be expected to continue indefinitely, and
- Constitute a substantial limitation to the individual.



A developmental disability is

A disability attributable to:

- Intellectual disability,
- Cerebral palsy,
- Epilepsy,
- Autism, or
- Another neurological or other condition of an individual found by the secretary to be closely related to an intellectual disability or to require treatment similar to that required for individuals with intellectual disabilities.

Basic Determination Process

1. Applicant or legal representative submits required documents and evidence for determination

Application Contents:

- Request for DDA Eligibility Determination (14-151)
- Consent (14-012)
- Notice of Privacy Practices for Client Confidential Information (03-387)
- Eligible Conditions Specific to Age and Type of Evidence (14-459)

2. DDA case worker evaluates evidence

- ✓ Evidence of Washington State residency
- ✓ Evidence of disability onset before age 18
- ✓ Evidence of a qualifying condition
- ✓ Evidence of substantial limitation (qualifying conditions vary in what is required to demonstrate substantial limitation)

3. Notification of decision is sent to applicant and identified representative

How long does a determination take?

- DDA has 30 days from receiving the last piece of requested documentation before making a determination.
- If DDA has insufficient information to determine you eligible and has not received all of the requested documentation, DDA may deny your eligibility after ninety days from the date of application.

Required Documentation

- Diagnosis of an eligible condition that is not expected to improve or go away
- Evidence that the condition was present prior to age 18 or other age as specified in diagnostic criteria
- Evidence of substantial limitations
 - IQ scores
 - Physical assistance needs
 - Adaptive functioning test scores

Expiration and reviews

Eligibility expires:

- On the 4th birthday
- On the 10th birthday if eligible under developmental delay
- On the 18th birthday if eligible under the Medically Intensive Children's Program
- On the 20th birthday if the current eligibility determination relied on evidence of academic delays in Broad Reading and Broad Mathematics

Expiration and reviews con't.

- Reviews
 - At age 19 if the last determination was before age 16
 - When there is evidence of insufficient, mistaken, or fraudulent information
- Termination
 - If you are no longer a resident of the State of Washington DDA will terminate eligibility

Notifications for expiration are sent out 6 months in advance

QUESTIONS?





What is a waiver?

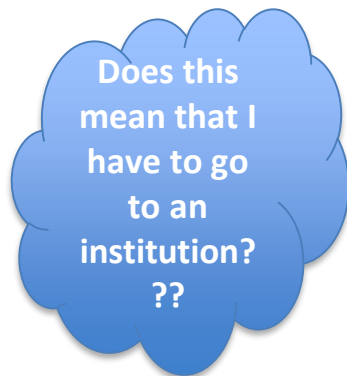
The Home and Community Based Services (HCBS) waiver began in 1981 as a means to correct the “institutional bias” of Medicaid funding.

The “bias” means that historically, individuals could get support services while institutionalized, but if they wanted to return to the community they could not get similar services.

A waiver means that some of the federal rules are “waived” so that funding for services can be provided in the community.



- Section 1915 (c) of the Social Security Act was changed to allow states to ask for waivers of existing Medicaid regulation.
- The idea is that states can pay for community services using the Medicaid money that would have been used if the person resided in an institution.



Don't worry: This just means you are eligible for services in an institution but you can choose services in the community.

To be on a waiver you must live in the community.

Waiver is a matching program!

The State of Washington pays part of the cost and the federal government “matches” what the state pays.

This is important because the availability of state money drives how many people the waiver can serve and how much the state taxpayer spends.



Waiver Eligibility:

- ✓ The person must be both functionally and financially eligible for Medicaid, which includes going through a Social Security Disability Determination.
- ✓ Financial eligibility is determined by a Long Term Care Application. Case Managers can assist you in contacting the LTC team or you can call directly at 1-855-873-0642 (callers need the individual's ACES ID or Social Security number)
- ✓ They must meet what is called *Intermediate Care Facility for Individuals with Intellectual Disabilities level of care (ICF/IID)*. This is determined by the DDA CARE Assessment.

5 DDA Waivers

- Individual and Family Services (IFS)
- Children's Intensive In-Home Behavior Supports (CIIBS)
- Basic Plus (B+)
- Core
- Community Protection (CP)

Clients can only be on one waiver at a time.

Individual and Family Services (IFS)

The IFS Waiver, established in 2015, is intended to be a partnership between the State and families to:

- Help individuals who live with their families.
- Provide individuals with a choice of services within an annual allocation.
\$1200, \$1800, \$2400, \$3600



Children's Intensive In-Home Behavior Supports Waiver (CIIBS)

- Supports children (8-20 years) and their families who are at high risk of out of home placement due to challenging behaviors.
- Services are based on need, limited to \$4,000/month.



Basic Plus

The Basic Plus Waiver, established in 2004:

- Services can be provided in their own home, family home, in an Adult Family Home, or Adult Residential Center.
- Allows aggregate funds up to \$6,192 annually to meet client service needs.



Core

- Offers residential options to individuals at immediate risk of out-of-home placement.
- Individuals have an identified health and welfare need for services that cannot be met by the IFS or Basic Plus Waivers.
- The limit of services is based on need and may not exceed the daily cost of ICF/IID.



Community Protection

- Offers therapeutic residential supports for individuals who meet criteria per [policy 15.01](#) and agree to participate in the community protection program.
- The limit of services is based on need and may not meet or exceed the cost of ICF/IID.

QUESTIONS?



Assistive Technology

(IFS & CIIBS waivers)

Products, training or evaluations used to improve or maintain a person's functional abilities.

- Requires a treating professional's written recommendation regarding need for the technology
- Examples may include: adaptive equipment, language applications (Proloquo2go) or switches.





Chemical Extermination of Bed Bugs

(B+, CORE, & CP Waivers)



Chemical extermination of cimex lectularius (bedbugs) is professional chemical extermination of bedbugs.

DDA covers professional chemical extermination of bedbugs in your primary residence if you:

- a) Receive residential habilitation services; or
- b) Live in a private house or apartment for which you are financially responsible.



Chemical extermination services only cover: assessment or inspection by qualified provider, application of chemical-based pesticide and one follow-up visit.



****On September 1, 2017 Washington State became the first state in the nation to offer Chemical Extermination of Bed Bugs.***



Community Engagement

(IFS Waiver Only)

A service to increase your connection to and engagement in community supports.

- Expected outcomes of this service include skill development and/or development of positive relationships.
- A community engagement provider provides supports for you while you participate in community activities. (Community engagement does not pay for the cost of the activity.)
- Examples may include: Help client learn a new bus route to access a community center activity, find an apartment or attend social groups.



Environmental Adaptations

(all waivers)

Physical modifications to your home required for you to continue living in the community successfully.

- Modifications to your home are intended to increase your independence, or help ensure your health and safety.
- Examples may include: accessible shower (pre-fab), ramp or grab bars, lowered sink, automatic faucet.
- For CIIBS and IFS waiver: can pay for repairs due to individual's behavior.



Peer Mentoring

(IFS Waiver Only)

Peer mentors utilize their personal experiences to provide support and guidance to you and/or your family according to the need that you identify.

Examples may include:

orienting a waiver participant to local community services, programs and resources and provide answers to participants' questions or suggest other sources of support.

Qualified providers include individuals or organizations who are contracted with DDA and provide peer mentoring support and training to people with developmental disabilities or to families with a member with a developmental disability.

Peer mentors cannot mentor their own family members



Person Centered Plan Facilitation

(IFS Waiver Only)

A life planning process centered on an individual's life.

- The plan identifies important people and identifies goals and vision for your clients life.
- The service helps your client develop an action plan and includes follow up meeting(s) to help your client reach their goals.



*Do not confuse with
Person Centered
Service Plan*



Residential Habilitation

(Core & CP waivers)

Services in the community to include the assistance with personal care and supervision and to learn, improve or retain social and adaptive skills to live in the community.

- Residential Guidelines: Personal Power & Choice; Positive Recognition by Self & Others (*Status*); Maintaining Relationships with Family & Friends (*Relationships*); Participating in the Physical and Social Life of the Community (*Integration*); Managing Daily Activities & Personal Goals (*Competence*); and Health & Safety -----Transforming Lives
- Provide up to 24 hr support by DDA contracted supported living agencies.



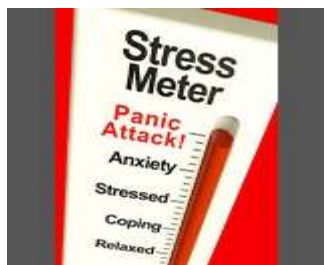
Respite Care

Available on all Waivers (*except CP*)

If we neglect
taking care of
ourselves, we
can't take care
of others.

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Respite care is defined as short term, intermittent care in order to provide relief for persons who live with you and are your primary care providers; and



- Your family members (Paid or unpaid care providers); or
 - Non-family members who are not paid to provide care for you; or
 - Contracted companion home providers paid by DDA to provide support to you; or
 - Licensed children's foster home providers paid by DDA to provide support to you.
- Respite cannot replace daycare while your parent or guardian is at work or personal care hours available to you.
 - Your primary caregivers may not provide other DDA services for you during your respite time.
 - Respite can be provided in your home, a relative's home of a specified degree (WAC 388-825-345) or in a community setting.
 - Respite cannot pay for any fees associated with the respite care; for example, membership fees at a recreational facility, or insurance fees.
 - *Respite provided by nurse does require prior approval.*

Specialized Medical Equipment and Supplies

(all Waivers)

Medically necessary equipment and supplies that are not available under the Medicaid State Plan or any other private insurance you may have.

Examples include:

- shower chair
- wipes

If on IFS waiver, equipment recommended in a therapeutic plan to meet sensory needs can also be covered.



Staff / Family Consultation and Training

(All Waivers)

Consultation and training provided to families, direct staff, or personal care providers to meet the specific needs of the waiver participant as outlined in the (individual's) person-centered service plan/individual support plan.



Some examples may include:

- Augmentative communication systems;
 - Diet and nutritional guidance;
 - Disability information and education;
 - Strategies for effectively and therapeutically interacting with the participant;
 - Environmental consultation
-
- Providers are licensed, registered or certified professionals, contracted with DDA and within their professional scope of service.
 - Excludes expenses to the family or provider for room and board or attendance, including registration, at conferences.

Supported Employment

(B+, Core, & CP waivers)

This service is for individual interested in integrated, gainful employment.

- This service tailored to individual need, interest, ability and career development.
- This is available for individuals 21 and older.



Therapeutic equipment and Supplies

(CIIBS waiver)

Equipment and Supplies needed to implement your therapeutic or behavioral support plan.

Examples may include:

- weighted blanket
- supplies that assist to calm
- a vestibular swing



Requires the treating professional's written recommendation



